



## Chapters FAQ

Starting a Chapter is a way for you to engage your local community and work with fitness, health and wellness spaces to help spread The OUT Foundation mission of breaking down the barriers that block the LGBTQ+ Community from assessing and participating in fitness, health and wellness.

We want and need you to be our conduit, our boots in the ground connecting with those spaces, explaining the importance of our cause driven work, growing our network locally so we can reach our mission in a more global manner.

**How?** Through **Community and Connection** you have the opportunity to represent The OUT Foundation by:

- Leading and hosting community fitness events
- Connecting with OUTAthletes in your area
- Supporting your local LGBTQ+ organizations
- Marching in local pride events
- FUNdraising for OUT programs & initiatives
- Supporting your local community

**What?** There are some perks when you start your own Chapter:

- SWAG! Including shirts, flags and other goodies from our sponsors to help show your pride and enthusiasm for The OUT Foundation
- 30% discount on our online retail store
- LGBTQ+ education and training by being a part of our Fitness Inclusion Action Committee and going through our OUTAIM process

**Interested? Email us:** [programs@theoutfoundation.org](mailto:programs@theoutfoundation.org)

